

HAVE YOU PLANNED FOR WHAT'S COMING NEXT?

Jack Welch once said, “Change before you have to.”. These wise words are consistent with the message from the authors of “WHAT NEXT? NAVIGATING LATER LIFE TRANSITIONS”, a recently published book that anticipates many of the changes and issues that we will face in our post retirement years. A collaboration of 6 experts who serve the aging population, the book emphasizes the need for planning ahead to understand the myriad of options that are available to us, and thus to be better prepared for the decisions we are likely to face.

Elaine Frost’s chapter kicks off the book with useful advice for those who are considering downsizing from their family home. Through her work helping seniors who are in this very stressful situation, she has shares valuable insight into how you can make ‘letting go’ a little bit easier.

Subsequent chapters address issues related to making sound financial decisions, successfully selling your home, understanding care options, estate planning and the implications of becoming disabled or incapacitated.

The central theme offered by all authors is that knowing your options and planning before a crisis hits are the two most important ingredients to successfully navigating later life. The information provided will position you to make better decisions on all of these matters.

The book is a must read if you are in your post retirement years, or if you have a loved one in that phase of their life.

To order your copy call 416-503-0006 and the book will be mailed to you for just \$10 (including tax and shipping). For a digital copy go to <http://www.scubbly.com/item/77547/> .

